

# Strength and Weakness Evaluation Form

Be honest and prioritize the aspects of playing that restrict your music-making. Choosing a general concept and being specific will help guide your practice and progress. If you have trouble coming up with the list, reference the *Table of Contents* as a guide. If you struggle making progress, make sure you have defined your goals and are working consistently and intelligently during your practice time.



*Make a few copies of this list before you fill it out (There is an extra copy in the back of the book). Evaluate yourself every 2 to 4 weeks. Keep the lists and track your progress.*

Name

Date

## ***Strengths***

1

2

3

4

## **Weaknesses** (Use the *Table of Contents* as a guide)

1

2

3

4

## **Waitlist** (if needed)

1

2

3



*After you make your list, ask a trusted friend or teacher to evaluate you also. Compare the lists—it will be very interesting to see which topics are similar and which are different. Take heart in the honest perspectives of the people you trust. Being behind the mouthpiece is not always the clearest viewpoint.*